

There are seven underlined parts in the passage. They may be errors to be corrected, or they may need to be changed for better wording. If a change is needed, select the correct replacement. If no change is needed, select “No change.”

The poet Samuel Coleridge, in “The Rime of the Ancient Mariner,” poetically describes an ironic situation faced by a sailor “Water, water, everywhere, / Nor any drop to drink.” The quote also serves as a reminder of the more practical truth that humans need water to live. In fact, most people would not be able to survive to make it much longer than two or three days without having water. This makes sense when you consider that the human body is made up of about 60% water. Water plays several key roles in physical health: protecting joints, preventing injury and fatigue during exercise, and it helps keep kidneys healthy.

Human cartilage is composed of about 85 percent water. The tough yet spongy substance keeps joints lubricated and mobile. The vertebrae of the spinal column rely on cartilage to absorb shock caused by an array of everyday activities from walking to running to lifting as well as to sitting. Cartilage is like a suit of armor that coats the bones beneath our skin. When you take most of the water out of the picture, cartilage would dehydrate and result in painful friction.

Hydration is also key to healthy exercise. The fluids sweated out during a workout must be replaced in order to prevent muscle cramping and injury. Water restores the fluid balance to muscles and helps the body transport electrolytes to replace those lost during exercise. Staying well-hydrated before, during, and when you are done with exercise can reduce fatigue.

Finally, water is essential to the proper function of kidneys. Those vital organs remove waste from the body, they also help regulate blood pressure and some bodily fluid levels. Without adequate hydration, kidneys are unable to perform their critical functions. Water’s valuable role in ensuring human health is difficult to overestimate.

15 Which change, if any, is needed to the underlined text?

sailor “Water,

- M.** sailor: “Water,
- P.** sailor; “Water,
- R.** sailor . . . “Water
- S.** No change

16 Which change, if any, shows the **best** way to revise the underlined text?

In fact, most people would not be able to survive to make it much longer than two or three days without having water.

- A.** In fact, most would not survive to make it two or three days without having it.
- B.** In fact, most would not be able to survive any longer than two or three days without any water.
- C.** In fact, most people would not survive longer than two or three days without it.
- D.** No change

17 Which change, if any, shows the **best** way to revise the underlined text?

and it helps keep kidneys healthy.

- M.** and keeping kidneys healthy.
- P.** and it keeps your kidneys healthy.
- R.** and also your kidneys will be healthier.
- S.** No change

18 Which change, if any, shows the **best** way to revise the underlined text?

caused by an array

- A.** fired up by a whole host
- B.** made possible by a wealth
- C.** brought to pass by an immensity
- D.** No change



**TCAP Practice Test Standards Alignment and Key—English I
(2019–2020)**

Subpart 1		
1	A	9-10.RL.KID.3
2	S	9-10.RL.CS.4
3	A	9-10.RL.KID.2
WP		9-10.W.TTP.2
Subpart 2		
1	B S	9-10.RL.KID.2
2	A R	9-10.RL.CS.5
3	C	9-10.RL.CS.5
4	P	9-10.RL.KID.2
5	C	9-10.RL.CS.4
6	R D	9-10.RL.CS.4
7	M	9-10.RL.KID.2
8	A	9-10.RI.CS.6
9	R A	9-10.RI.CS.4
10	S	9-10.RI.CS.5
11	B	9-10.RI.CS.4
12	R C	9-10.RI.IKI.8
13	R	9-10.RI.CS.5
14	D	9-10.RI.KID.2
15	M	9-10.L.CSE.2
16	C	9-10.L.KL.3
17	M	9-10.L.CSE.1
18	D	9-10.L.KL.3
19	P	9-10.L.KL.3
20	C	9-10.L.CSE.1
21	P	9-10.L.CSE.2